

Name of the course: MSP1111 Crisis intervention

Name of the lecturer: Agnes Szatmary

Weekly hours: 0+2/week

Week	Topics of Course
1.	Provide information on the contents of the course, requirements, literature, methods of assessment and timetable.
2.	About helping relationships in general. A brief history of helping relationships. Conceptual definitions.
3.	Definition of crisis.
4.	Psychological aspect of the characteristics of crises and danger.
5.	Crisis triggering events and influencing factors.
6.	Stages, course, duration, and outcomes of a crisis.
7.	Typical developmental difficulties during life transitions. Developmental crisis.
8.	Situational crisis.
9.	The emergence and effects of a pandemic.
10.	Ways of regulating individual stress. Defense mechanisms, coping strategies.
11.	The helper's syndrome.
12.	Theory and practice of crisis intervention. Possibilities for providing assistance, methodological considerations.
13.	Possibilities for prevention.
14.	Discussing the experience of the course. Assessment of essays.

Participation in the course:

Participation in practical course is mandatory. The allowable amount of semester absence in full-time training is three times the number of contact hours per week of the subject. If this is exceeded, the semester cannot be evaluated (Art. 8 § 1 TVSz)

Semester requirement: practice ticket.

Semester requirement: term grade.

Method and timing of the assessment: the student will prepare an essay, related to the topics of the course. Deadline for the submission: 10. December 2026.